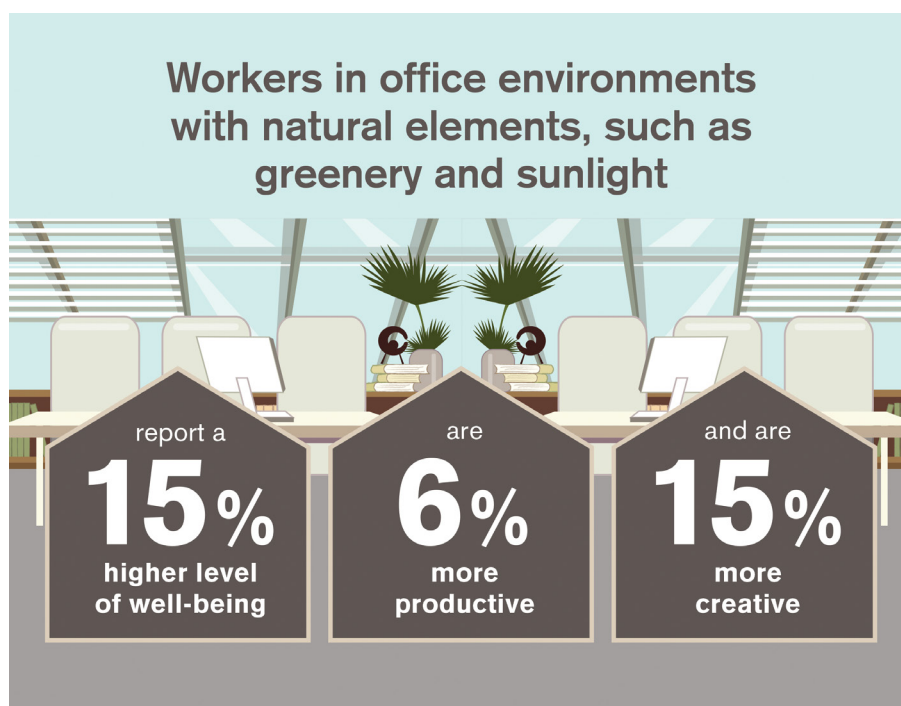


# HUMAN SPACES REPORT

## Global Summary

### Key messages

- Biophilic design in the workplace has a strong, measurable impact on key employee outcomes such as well-being, productivity and creativity.
- Those who work in environments with natural elements report a 15% higher level of well-being, a 6% higher level of productivity and a 15% higher level of creativity than those who work in environments devoid of nature.
- Those who enter an office space which incorporates nature are more likely to feel happy and motivated for the day ahead.
- Across the world, a third (33%) of all respondents report that the design of an office would affect their decision to work for that organization, presenting biophilic design as an important consideration for those companies that want to attract and recruit the best employees.
- Existing literature suggests that nature contact has a restorative effect on people, helping them deal with day-to-day stress and work to maintain performance.
- Surprisingly large numbers of employees reported having little or no contact with nature in their workplace – 47% report having no natural light and 58% report having no live plants.
- A number of leading organizations are now providing employees with contact with nature. This latest research presents a further call to action for employers to consider the environments they create and continues the discussion of the importance of biophilia within their workplaces.



# HUMAN SPACES REPORT

## Global Summary

### Biographies of contributors

#### Professor Sir Cary Cooper, CBE



Professor of Organizational Psychology and Health, Lancaster University and Founding Director, Robertson Cooper.

Cary is recognised as one of the world's leading experts on well-being and stress at work and is the media's first choice for comment on workplace issues. In June 2014 he was awarded a Knighthood in the Queen's Birthday Honours list and was also voted the 1st Most Influential HR Thinker of 2014 by HR Magazine.

#### Bill Browning



Bill Browning is one of the green building industry's foremost thinkers and strategists, and a Partner in Terrapin Bright Green LLC. Bill was a founding member of the US Green Building Council's Board of Directors, and is the Chair of Greening America. In addition to research and consulting, Bill writes and lectures widely on sustainable design and building practices.

### The scope of the global research

